

## Autumn Walk

Take a walk in the park to look at how the trees are changing, collect conkers and leaves. Bring these in to school for our art area.

You could make a collage or leaf print. How many conkers can you carry?

Talk about the different shapes, colours and textures.



### Number games

Look for numbers on buses, doors and signs when you are out and about.

Count objects or actions to 10 or 20 as often as you can e.g. when going up stairs, sharing out food or jumping in the playground.

When counting objects:

Encourage your child to physically touch each object, or move them

into a line to develop strategies to keep track of what they count.

### Getting dressed

Allow extra time to encourage your child to put their own coat or shoes on.

When getting changed, support your child in organising their clothes in preparation for PE.

## Autumn 1

Things to do at home  
to support  
your child's learning.

### My name

It is important your child can write their name independently. Make name cards for your child's room and other belongings. Encourage them to write their name on birthday cards, invitations etc. Only use a Capital for the first letter.

### Mark-making and letter formation

*This is the first step towards writing. Encourage your child to draw, paint or use other tools to make marks and shapes on paper, on the ground, on a wet window, in flour – the opportunities are endless! Practise writing lower case letters with the correct formation.*



### Sounds around

Spot letters on street signs or labels. Link these to their phonic sounds rather than saying the letter names. Search "letters and sounds pronunciation" on YouTube for guidance.

Listen out for the first sound of a word. Make up silly phrases: **c**ats **c**atch **c**urly **c**aterpillars.

Play games with Alphablocks on the Cbeebies website.

When you read your child a story, ask them if they can spot any letter sounds or words they know.

### Physical Development

Physical activity is vital to your child's development.

Any activity that increases your child's heart rate can only be a positive one. The Government recommends 180 minutes of physical activity a day. So get out there! Go to the park, go swimming, walk to school. Just be active and have fun!